

STARK NAKED 2025 IMPORTANT DATES

NOVEMBER 2023

FRIDAY 11/1 - EARLY BIRD START DATE

GET ADDITIONAL TIME IF YOU ARE PROACTIVE

JANUARY 2023

SATURDAY 1/11 - THE OFFICIAL START DAY

ENTRY REQUIREMENTS MUST BE MET BEFORE TODAY

MAY 2024

5/19 to 5/22 - SPRAY TAN DAYS

YOUR TAN DAY WILL DEPEND ON YOUR SHOOT DAY

5/20 to 5/23 - PHOTOSHOOT DAYS*

*MUST BE AVAILABLE FOR ALL SHOOT DAYS

SIGN UPS FOR DAY & TIME TO BE ANNOUNCED

JUNE 2024

THURSDAY 6/19 - PHOTOS ARE PUBLISHED at 5PM

SATURDAY 6/21 - FUNDRAISING CLOSES at 5PM

STARK AFTER DARK PARTY at 6PM



STARK NAKED OFFICIAL RULES AGREEMENT

GENERAL RULES

- Must train at Stark a minimum of eight times per month
- Participant cannot have dropped out of two previous Stark Naked (non-consecutive)
- Must be 18 years or older
- Must adhere to all Stark medical recommendations

PHOTOSHOOT & IMAGES

- Photoshoot outfits
 - Must be black, gray, white, or navy blue clothing only
 - All participants must wear bottoms, women must wear tops as well
 - No patterns- solid colors only
- Themed or family photos cannot be used for the competition, but can be taken after individual images
 - No controversial/offensive themed photos
- Photoshoots will be 30 minutes per person (this does not include prep time)
- Stark reserves all rights and control over final images, including final say over which images are released

SCORING SYSTEM

- This year, the winner will be decided based on 2 categories:
 - Final Wheel of Health Score (60%)
 - Funds raised for charity (40%)
- Points for each category will be assigned by ranking every competitor in order
 - If there are 15 competitors, the person with the most funds raised will be assigned 15 points, the person with the 2nd highest will receive 14 points, and so on.
 - Category weight will be factored in after each category amount is determined



- Your final Wheel of Health score will be based upon labs, measurements, and data collected on each data point for the 10 spokes of the wheel.
 - Final score will be based on the data collected in May of 2025. Failure to complete retests will result in a 0 for that measurement.
 - Initial scores are to help guide your efforts throughout the competition, but will not play a role in your final score.
- Donations can be made directly to your charity via your personal link provided by Stark OR you can submit "offline" donations, for which you must provide the following:
 - Photo evidence
 - Amount and name by which the donor wishes to be recognized (or if they desire to be anonymous)
- Donations that come in AFTER the 5pm cut-off will go to the charity, but will not be counted towards competitor's fundraising total

DISCOUNTS FOR COMPETITORS

- Competitors will receive a 25% discount on IV therapy during the competition
- Competitors will receive a 25% discount on mobility sessions during the competition

REQUIREMENTS TO ENTER (MUST BE COMPLETED PRIOR TO START DATE)

- Participants must sign the photo release & official rules agreement
- Confirm availability for all dates listed on the Stark Naked outline above
- Must identify charity and make \$1,000 donation
- Must complete all tests necessary to measure Wheel of Health score before 1/11/25

I acknowledge I have received and reviewed the important dates and rules above, I agree to be present at all the required days, and I agree to follow the rules as outlined.

SIGNATURE: _____ DATE: _____





For good and valuable consideration, the receipt of which is hereby acknowledged, I, _____, hereby authorize Synergy Training Centers, LLC and its affiliates or companies managed by Synergy Training Centers, LLC, (collectively "Stark") permission to use my name, biography, and/or likeness in a photograph or video in any and all of Stark's publications, including but not limited to all Stark's printed and digital publications, whether for profit or not for profit. I understand and agree that any photograph or video using my name, biography, and/or likeness will become the property of Stark and will not be returned.

I acknowledge that since my participation with Stark is voluntary, I will receive no financial compensation, regardless of the use of any photograph or video that may contain my name, biography, and/or likeness or image.

I hereby irrevocably authorize Stark to edit, alter, copy, exhibit, publish or distribute any photo or video containing my name, biography, and/or likeness or image for purposes of publicizing Stark's programs, services or for any other related, lawful purpose, including without limitation for commercial use. In addition, I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my name, biography, and/or likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the photograph or video.

I hereby hold harmless and release and forever discharge Stark from all claims, demands, and causes of action which I, my heirs, representatives, executors, administrators, or any other persons acting on my behalf or on behalf of my estate have or may have by reason of this authorization.

This Agreement shall be governed by the laws of the State of California. In any cause of action, complaint or lawsuit relating to this Release, venue shall lie exclusively in the courts located in Orange County, California.

PRINTED NAME: _____ DATE: _____

SIGNATURE: _____

IF UNDER 18, GUARDIAN SIGNATURE: _____